



HAPPY MOTHER'S DAY 2025

Mother's Day 2025 is celebrated on Sunday, May 11th. It is a special occasion dedicated to honoring and appreciating mothers and maternal figures for their love, sacrifices, and guidance. The modern Mother's Day originated in the early 20th century, largely due to Anna Jarvis's efforts to honor her late mother's devotion. In 1914, U.S. President Woodrow Wilson officially declared it a national holiday, and since then it has become a global celebration, observed on the second Sunday of May in many countries.^{[1] [2] [3] [4]}

On this day, people express gratitude through heartfelt messages, gifts, flowers, and quality time with their mothers or mother figures. Many share wishes, quotes, and images on social media or send cards to show their love and appreciation. The day also honors grandmothers, stepmothers, adoptive mothers, and other mother-like figures.^{[1] [3] [5]}

Some popular ways to celebrate include:

- Giving personalized gifts such as custom jewelry or photo albums
- Treating mothers to a spa day or cooking their favorite meal
- Sharing heartfelt messages and quotes that express love and gratitude^{[1] [3]}

Examples of heartfelt wishes include:

- "Every day, I thank the universe for blessing me with a mother as wonderful as you."
- "Your sacrifices and love have not gone unnoticed. I'm forever grateful to call you my mom."
- "Mom, your love has been the quiet strength that carried me through my darkest days. I owe every part of who I am to you."^{[1] [5]}

Mother's Day is a time to recognize the pivotal role mothers play in families and society, celebrating their selfless devotion and unwavering dedication.^{[2] [3]}

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ILLUSTRATIONS FOR SUCH

For illustrations suitable for Mother's Day 2025 greetings, you can find a wide variety of images, cards, quotes, and GIFs that beautifully capture the spirit of the occasion. These illustrations often feature themes of love, gratitude, and maternal warmth, including floral designs, heart motifs, mother-child imagery, and heartfelt messages.

Here are some recommended sources and types of illustrations:

- **Images and Cards with Quotes and Wishes:** Collections of Mother's Day images and cards with touching quotes and messages are available, offering ready-to-share visuals for social

media or personal messages. These include phrases like "Happy Mother's Day to the one who gave me life, endless love, and unwavering strength" and "You are the heartbeat of our family and the soul of our home" [6] [7].

- **GIFs and Animated Greetings:** Animated GIFs expressing love and appreciation for mothers provide dynamic and engaging ways to celebrate online [6] [7].
- **Free Vector Graphics and Stock Photos:** Websites like Freepik offer free downloadable vectors and high-quality images themed around Mother's Day 2025, suitable for creating personalized cards or digital greetings [8] [9].
- **Pinterest Boards:** Curated collections on Pinterest showcase a wide range of Mother's Day illustration ideas, including artistic and creative designs for 2025 [10] [11].
- **Professional Art and Unique Designs:** Artists like Kim Hassold provide exclusive Mother's Day 2025 artwork that can be purchased or viewed for inspiration [12].
- **Google Doodle:** The special Mother's Day 2025 Google Doodle features unique artwork commemorating the day, which can inspire illustration ideas [13].
- **Stock Image Platforms:** Adobe Stock and similar platforms offer extensive libraries of royalty-free Mother's Day images and vectors for professional use [14].

These resources provide ample options for heartfelt, beautiful illustrations to accompany Mother's Day wishes, whether for personal use, social media sharing, or creative projects [6] [7] [8].

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Mother's who are athletes

Several professional athletes have balanced motherhood with their sports careers, showcasing resilience and redefining what it means to be a mom in athletics. Here are notable examples and insights about mothers who are athletes:

Allyson Felix

An 11-time Olympic medalist in track and field, Felix became a mother in 2018 and returned to Olympic competition in 2020 after a challenging pregnancy. She has been a vocal advocate for support systems for athlete mothers, partnering with Pampers to open the first Olympic Village nursery for Olympian parents, providing a space for families to care for their children during competition [15].

Serena Williams

One of the most iconic tennis players, Williams gave birth to her daughter Olympia in 2017. Despite the physical demands of motherhood, she continued competing at the highest level. Serena openly discusses the challenges of motherhood, emphasizing its demanding nature even for elite athletes, and supports her daughter's diverse interests in sports beyond tennis [15] [16].

Alex Morgan

Professional soccer player Alex Morgan became a mother in 2020 and had her second child in 2025. She continues to play in the National Women's Soccer League (NWSL) while focusing on improving the sport for future generations and balancing motherhood with her career [15].

Julie Ertz and Crystal Dunn

Both soccer players who returned to professional play soon after childbirth. Ertz gave birth in 2022 and made the U.S. World Cup roster in 2023, while Dunn maintained training throughout pregnancy and scored a championship-winning goal five months postpartum. They emphasize motherhood's transformative impact on their perspectives and careers^[17].

Quanera Hayes

A sprinter who competed in the 2020 Olympics and continues to compete at an elite level while raising her son. Hayes highlights how motherhood intensifies her drive and determination in athletics^[18] ^[19].

Mothers with Multiple Pro Athlete Children

Donna Kelce is notable as the mother of NFL stars Travis and Jason Kelce, both Super Bowl champions. Her support has been crucial in their careers, illustrating the role of sports moms beyond their own athletic endeavors^[20].

These athlete mothers demonstrate that motherhood and professional sports careers are not mutually exclusive. They challenge traditional narratives by excelling in their sports while raising children, advocating for better support for athlete parents, and inspiring future generations of moms in sports^[15] ^[17] ^[19].

In summary, athlete moms like Allyson Felix, Serena Williams, Alex Morgan, and others exemplify strength and dedication, balancing elite competition with parenting responsibilities and actively shaping the landscape for mothers in sports.

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4. <https://www.awarenessdays.com/awareness-days-calendar/mothers-day-u-s-2025/>
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